

# B R U N C H M E N U

## TULĀ

Meaning "balance" in Sanskrit, TULĀ combines global influences from the Mediterranean and Asian regions with a plant-forward philosophy. Inspired by the Blue Zones, TULĀ's menu follows the 70/30 principle, comprising 70% plant-based ingredients and 30% animal protein. Dishes feature nutrient-rich and immune-boosting ingredients to create an indulgent yet nourishing dining experience with panoramic views of the Atlantic Ocean.

### Cold-Pressed Juices

#### GREEN DETOX (V)

Coconut, Cucumber, Celery,  
Kale, Fennel, Spinach / 18

#### TURMERIC CARROT (V)

Orange, Carrots, Coconut H2O,  
Lemon, Ginger, Turmeric / 16

#### ORGANIC JUICES

Orange, Cranberry, Apple,  
Tomato, Grapefruit / 9

### Brunch Libations

Glass | 18 - Bottomless | 32

#### CARROT SUNRISE MIMOSA

Turmeric, Carrot, Prosecco

#### BLOODY BUNNY MARY

Carrot, Tomato, Pepper, Vodka

#### PEACHY BELLINI

Fresh Peach Purée, St. Germain, Prosecco

### Brunch Dishes

**SUNNY SIDE UP SHAKSHUKA:** Heirloom Tomato, Bell Pepper, Crispy Potatoes / 21

**CHEESE FONDUE:** Bacon Crumble, Soft Boiled Eggs / 24

**\*CHARDBROILED ASPARAGUS:** Over-Easy Eggs, Truffle-Scented Parmesan Shaves / 22

**PASTA BRUNCH:** Cheese Pecorino, Organic Eggs, Crispy Bacon / 25

**PLANTAIN PANCAKE:** Agave Syrup, Berry Chutney / 23

**GINGER MACERATED WATERMELON:** Coconut Cream, Quinoa Popcorn / 22

**\*BRUNCH BURGER:** 8oz Prime Beef, Sunny-Side Eggs, Chipotle Avocado Sauce, Organic Salad / 24

**TOFU SCRAMBLE:** Roasted Seasonal Vegetables, Toasted Bagel, Vegan Cream Cheese / 20

**\*SMOKED SALMON BAGEL:** Artisanal Mixed-Leaf, Sliced Cucumbers, Lemon, Capers, Tomato, Pickled Onions / 25

**\*MULTI-GRAIN AVOCADO TOAST:** Poached Eggs, Pickled Tomatoes, Quinoa Popcorn, Dill, Greek Yogurt / 19

### Desserts

**CHOCOLATE AVOCADO MOUSSE:** Homemade Wild Berry Coulis / 15

**PISTACHIO BAKLAVA:** Poached with Rum and Lemon / 18

**ORGANIC MARINATED STRAWBERRY:** Mint Sorbet / 14

### Sides

FRESH FRUITS / 12

ROASTED POTATOES / 8

BUTTERMILK BISCUITS / 8

SOY TEMPEH / 6

GRILLED VEGETABLES / 8

### Proteins

HAM / 7

BACON / 6

TURKEY BACON / 8

PORK SAUSAGE / 7

CHICKEN-APPLE SAUSAGE / 8