

5 Miami Sky Residences With Resort-Like Wellness Amenities

January 10, 2019 by Alejandra Tenorio

The Magic City is home to some of the most stunning and state-of-the-art residence towers in the world. As Miamians embark on their new year resolutions, health and wellness have become the most highly requested amenity features in luxury skyscrapers. Coined as the ‘new luxury,’ developers are taking wellness to the next level by creating like-minded health enthusiast living communities and incorporating immersive wellness amenities and spaces into the stunning sky homes. Here are the top five sky homes with the best wellness amenities in the 305.

Faena Miami Beach



Photo credit: Faena Miami Beach

Home to Kim Kardashian and Kanye West’s new penthouse sky oasis in the Magic City, Residences at Faena Miami Beach offers an array of amenities including wellness amenities geared toward the beauty and fitness aficionado. The luxury residence tower hosts exclusive yoga and meditation workshops that allow each resident to unwind and relax. The residence also features a state-of-the-art gym, sauna and steam room, massage beds and more.

Mansions at Acqualina



Photo Credit: Mansions at Acqualina

Situated in the exclusive Sunny Isles Beach, Mansions at Acqualina features sprawling, state-of-the-art wellness and health amenities including, a fitness center with top-of-the-line equipment where residents can arrange for private training, a Hammam spa enhancing the overall Acqualina lifestyle and more.

Amrit Ocean Resort & Residences



Photo Credit: Amrit Ocean Resort and Residences Miami

Amrit Ocean Resort & Residences merges the convenience and luxury of an at-home spa with the centuries-old healing properties of halotherapy by offering residents a salt inhalation therapy chamber as part of their AAYUSH wellness amenity program. The wellness retreat also offers over 100,00 square feet of innovative, bespoke experiences including workout classes and more.

Paraiso Bay



Photo Credit: Paraiso Bay

Paraiso Bay features fantastic Biscayne Bay views in a luxurious resort-style setting. The sky residence will offer state-of-the-art Biscayne wellness amenities for residents including a rooftop club with private treatment pools overlooking Biscayne Bay, a lap pool, private tennis courts, fitness center, and more.

Carillon



Photo Credit: Carillon Residences Miami

Experience luxury living at its finest with Carillon Miami’s array of health and wellness amenities including wellness lectures, exercise physiology courses, spiritual and emotional healing treatments, cryotherapy, NAD + IV therapy and more. The on-site spa features a holistic spa experience for the most relaxing and tranquil experience.