

## A Luxe & Lustful Life At Amrit Ocean Resort & Residences



### 1. Where are you located?

A 20-minute ride from Palm Beach International Airport, and less than 60 miles from Miami and Ft. Lauderdale airports, the resort and residences are easily accessed by shared ride and other car services. The new Brightline premium faster, inter-city rail service offers modern safe and clean trains from Miami and Ft. Lauderdale, direct to West Palm Beach with plans to expand to Orlando. With famed Palm Beach Island on its northern tip, Lake Worth to the West and Palm Beach Shores to the South, Singer Island is convenient to all the area's attractions and amenities, with all the benefits of a private island getaway. Located beachfront on the Atlantic shoreline, Amrit's guests can enjoy a range of water sports such as snorkeling, scuba diving, paddle boarding, kayaking, boating, and surfing, or exploring the pristine John D. McArthur State Park, a barrier island enclave made up of mangrove swamps protecting rare plants, amphibians, animal habitats. The waterfront of West Palm Beach is bustling with restaurants, entertainment, and cultural arts. The island of Palm Beach is home to Worth Avenue, one of America's most iconic retail streets. The Northern Palm Beaches feature parks, golf courses, waterways, fine shopping, historic inlets, lighthouses, and countless natural charms.

**2. Tell us what is so special about this location.**

SINGER ISLAND was first settled by the Seminoles in the mid-1800s, and modern-day Singer Island was named after Palm Beach developer Paris Singer, a son of the Singer Sewing Machine magnate Isaac Singer, who built a home in Palm Beach in 1917 and picnicked on the island with friends. The island is about five miles long and half a mile wide and enhanced by parks, marinas, hiking and bike paths, as well as 4.7 miles (7.6 km) of white sand beach. Today, Singer Island is a picturesque, upscale, and pristine residential destination, longtime home to professional golfer Michelle McGann, and rocker and E Street Band member Clarence Clemons. Singer Island is the setting of several Fredrick Exley novels.

**3. Owner names?**

Dilip Barot.

**4. When are you intended to open?**

December 2020.



## 5. What makes Amrit Ocean Resort special?

Amrit Ocean Resort & Residences, where Eastern principles and Western luxury meet and where spirituality and science, ancient wisdom and modern technology unite, offers a new paradigm of mindful living with unlimited potential. Amrit is purpose built to offer both residents & guest inspiration, guidance, and the means to embark on a personalized path towards greater physical and mental well-being. With founder Dilip Barot's journey (from an up-bringing in a modest living space for a family of nine above a temple in India to having collectively conceptualized, financed, designed, built and successfully managed more than 20 million square feet of real estate across the globe including this \$100 million real estate investment on the ocean's edge), the story of one man's quest to share the path to inner peace and happiness with others has sowed the seeds for a residence and resort project with a focus on physical and mental health. Amrit has been developing its programs over the past several years by partnering with experts such as spa designer/consultants, Susan Harmsworth, founder of ESPA International and Amy McDonald founder of Under a Tree and the renowned Himalayan Institute, a leader in the field of yoga, meditation, spirituality, and holistic health. Amrit's goal is to be recognized as a leader in the fields of wellness real estate, wellness travel and holistic living.

Amrit blends technology and mind/body therapies to offer a customized, immersive 24/7 experience designed around the Five Pillars of Wellness: Nutrition, Fitness, Mindfulness, Relaxation, and Sleep. According to Barot, "People are craving lifestyle help them to live healthier, happier and longer. In many cases people are realizing that they have nearly sacrificed their health to gain their wealth -- now they want to make up for it."

### Components include:

- a. Wellness Lifestyle Spa Features: 100,000-square feet spa and wellness facility, four floors high, featuring indoor and outdoor spaces.
- b. Aayush Hydrothermal Experience: The only indoor/outdoor hydrothermal experience in Florida spanning 40,000 square feet and features heat therapy, cryotherapy and hydrotherapy through a sequence of hot and cold bathing pools, a Hydro- Reflexology Path, lap pool men's/women's/co-ed steam and sauna, Inhalation Salt Therapy Room, Arctic Chill Fountains (cold therapy decreases inflammation and increases circulation) and an Effusion Shower, which combined with aromas showers you in a fine mist, an intense storm, a downpour of rain or mystic arctic chill. Twenty-one treatment rooms, 12 with in-room showers.
- c. Two Couples' Suites with a steam shower and private ocean view terrace.
- d. Thai Massage Room.
- e. Ashiatsu Massage Room.
- f. Two Body Scrub Treatment Rooms.
- g. Oceanfront Relaxation Lounge.
- h. Private beachfront spa treatments.
- i. Integrated Wellness Therapies, Traditional Chinese Medicine, Sound and
- j. Healing, Ayurveda, and traditional massage and facial services round out t
- k. Bespoke Scalp Treatments.

l. Nightly Satsang: Amrit's complimentary daily signature social yoga experience. Satsang is a word which comes from Sanskrit and means "in the company of truth." Held every evening, this gathering welcomes all to join a like-minded community coming together to share experiences, reflect on the day, immerse in laughter and the healing experience of knowing we are all connected with peace and joy.

m. Wellness Zone featuring complimentary medicine practitioners, naturopaths, nutritionists, acupuncturists, osteopaths, an IV Infusion Lounge, and hydrotherapy Infusion Zone featuring infusion therapy performed in a specialist lounge, allowing guests to relax as the valuable nutrients are gently administered.

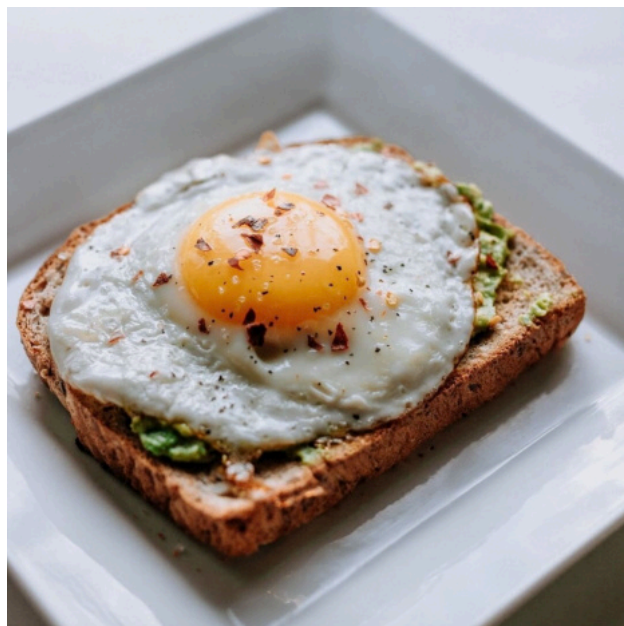
n. Vitamin Infusions are administered by a professional nurse, improve skin, hair, nails, and boosts one's energy level.

o. Technogym fitness equipment: Yoga, Spin, TRX, Meditation, Tai Chi, Pilates, Bootcamp, Qi Qong and more offered on a weekly basis.

p. A la carte Services and Packages available: Indoor-outdoor terrace featuring an all-day dining venue exclusive to spa guests.

q. Bespoke male and female spa changing rooms offer a luxurious experience with separate thermal suites containing a steam room, sauna, experience shower, ice fountain and an outdoor saltwater brine pool surrounded by loungers in a private terrace.

r. Nail Lounge, which offers reflexology as well as anti-aging and deluxe manicures and pedicures.





## **6. Tell us about your facilities**

- a. 155 guestrooms, including 34 suites, each with views of the water.
- b. Over seven acres directly on the ocean with 300+ linear feet of pristine beach frontage.
- c. Lobby Lounge featuring a bar with signature cocktails and mocktails.
- d. Over 100,000 square feet of beach/dune area between the building and the water with private beachfront cabanas and full-service from umbrellas to chaise lounges, with beach wait-staff for food and drinks.
- e. Beachfront watersports.
- f. Lifestyle focused retail outlets.
- g. Oceanfront restaurant featuring regional and international specialties through refreshing, creative and healthful cuisine. Dine indoors or al fresco on the terrace.
- h. Extensive indoor-outdoor fitness and mind-body offerings including a state-of-the-art oceanfront gym with personal training, TRX, Pilates, yoga and meditation.
- I. Tropically landscaped, third-level rooftop pool complete with cabanas, day beds and stunning views of the Atlantic Ocean.
- j. Technogym equipment, the world's leading manufacturer of high-performance fitness equipment and digital wellness solutions.
- k. Business center.
- l. Meeting facilities and executive conference capabilities for 200+ people.
- m. Catering services.
- n. Weddings and banquet services

## **7. Tell us about Amrit's Five Pillar Philosophy.**

Amrit blends technology and mind/body therapies to offer a customized, immersive 24/7 experience designed around the Five Pillars of Wellness (see above).



**8. I love the philosophy of conscious and leading a life of balance and wellness, are people able to do that at your facility, work hard and relax and enjoy as well? How do you ensure that happens?**

From nutrition to sleep, from mindfulness to fitness, from Ayurveda to relaxation—onsite certified experts will assist you in the creation of your Personalized Wellness Roadmap. You will have the option of sessions with one or more experts to design a program tailored to your individual needs. The personal coaching staff will include specialists in each of the five core areas – Sleep, Nutrition, Mindfulness, Nutrition, Fitness, Relaxation and Sleep. Coaching sessions can be booked remotely before and after your visit to Amrit.

For those wishing to delve deeper and obtain faster results on your Personal Wellness Roadmap, Amrit’s coaches focus on the Pillar of Mindfulness and guide guests towards healing those unseen areas of life that stand in the way of reaching our optimum potential.

**9. Tell us about the architecture.**

- a. INTERIORS: Bilkey Llinas Design
- b. ARCHITECT OF RECORD: S&E Architects
- c. LANDSCAPE DESIGN: Cadence
- d. LIGHTING DESIGN: MWHarris Lighting

**10. What restaurants can be found in your facility?**

Oceanfront demonstration kitchen featuring mid-day cooking classes to enhance guests’ knowledge in super foods, juice cleansing, plant-based cuisine, organic healthy food, Ayurveda and more.

**11. Is your destination open year round?**

Yes.

## 12. Tell us about the membership and what that entails.

There are three levels.

Amrit Wellness and Beach Club Inclusions:

a. Access to: Fitness Club, Aayush Hydrothermal, including aromatic steam room, sauna, Kneipps inspired hydro reflexology footpath, cold dip, halo-therapy salt inhalation chamber, hot/cold plunge pools, & lap pool o Beach and Pool (Includes 2 beach chair, towels, beach locker room usage with showers, and beach club lounge).

b. Services: one Spa Treatment per week, one Wellness Treatment per week, Personal

c. Wellness Assistant, Personal Wellness Coach & Personal Wellness Roadmap plus the best support for tools, technology and special knowledge for your individual personal wellness issues/interests.

d. Benefits: Preferred Pricing on spa/wellness/salon services used beyond what is included, Preferred Pricing on personal training and group fitness fee-based classes, 10% off beach/pool/spa food and beverage, 10% discount on hotel rooms (BAR rate), based on occupancy of Complimentary valet parking for member, Includes 5 guest passes annually but may purchase additional “day passes” if vetted by membership manager/Director, Early access to book quarterly speaker events, retreat offers, etc.

e. Amrit Wellness and Beach Club Inclusions:

f. Access to: Fitness Club or Aayush Hydrothermal, including aromatic steam room, sauna, Kneipps inspired hydro reflexology footpath, cold dip, halo-therapy salt inhalation chamber, hot/cold plunge pools, & lap pool, Beach and Pool (Includes 2 beach chairs, towels, beach locker room usage with showers, & beach club lounge)

g. Services: Personal Wellness Assistant, Personal Wellness Coach & Personal Wellness Roadmap plus the best support for tools, technology & special knowledge for your individual personal wellness issues/interests.

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g. Amrit Fitness and Beach Club Inclusions:

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**13. Tell us about also living here full time. Are there a lot of permanent residents?**

**Tower P (Peace)** will be a resort residential tower, which can offer features such as posture-supportive heat reflexology floors, personalized digital entertainment packages, mood-enhancing aromatherapy, vitamin c-infused showers, exterior sound intrusion block, and dawn simulation to gently increase the amount of light in the bedroom at a customizable wake-up time. These are options – and the flexibility to modify them is there upon purchase as well. Certain items are standard and there are always ways to upgrade the residence features even further.





#### 14. Residential Lifestyle Features:

All units with private balconies, 150 of 182 units with ocean views; the rest with causeway views -Two 24-hour attended lobbies –one in each tower.

11 penthouse units with roof-top terraces, including outdoor hot-tub and summer kitchen.

Private entry to residential areas.

Private pool on third-level podium roof deck with stunning views of the Atlantic Ocean and poolside day beds.

Fully equipped state-of-the-art gym in each tower.

Whirlpool spa.

Yoga Terrace and meditation garden.

Social Room with Pool view social room with morning juice bar and continental breakfast, private bar and catering kitchen, billiards and entertainment area.

Private Card Room.

Social terrace and BBQ area.

Dog walk area for all guests/residents.

Access to hotel maid service as well as restaurant and room service.

Owners discount for Spa & Wellness Services.

Private Guest suites

Beach services.



**15. Residence Design Features:**

- a. Imported porcelain tile throughout.
- b. Custom Designed Kitchens with European cabinetry combining woods and lacquer, expansive quartz stone countertops, and state-of-the-art appliances.
- c. Master Bathrooms with European cabinetry, imported porcelain floors and walls, his/her vanity.
- d. frameless glass-enclosed rain showers, and soaking tubs.
- e. Expansive Hurricane Resistant Windows and Doors Throughout.
- f. Laundry Room with Washer and Dryer.
- g. Smart Home' ready infrastructure with ultra-high-speed connectivity allowing customized home automation.
- h. 24-hour Security and Valet Parking and electric car charging facilities.

**Website:** [www.amritoocean.com](http://www.amritoocean.com)

**Instagram:** [@amritoocean](https://www.instagram.com/amritoocean)