

Healthy living the luxury condo way

When a group of like-minded, wellness-focused individuals live together, “they inspire each other to practice good health,” says Dilip Barot, lead developer of Singer Island, Fla.’s Amrit Ocean Resort & Residences — a hotel/condo that will see prices from \$700,000 when sales launch this fall.



An over-the-top spa treatment room at Amrit Ocean Resort & Residence in Singer Island, Fla.

In order to encourage healthy living, the tools must be provided. Amrit, with 351 total residences and hotel rooms, is arguably the most wellness-immersive development currently under construction in the US.

Upon its projected 2019 completion, features will include pressure point-targeting flooring for posture support, built-in aromatherapy diffusers for mood enhancement, vitamin C showers to enhance the appearance of hair, skin and nails, circadian lighting for improved sleep cycles, plus customizable options for individual preferences. Not only will there be on-staff nutritionists, there will also be round-the-clock mobile access to a “wellness assistant,” who can keep homeowners and guests on top of customized diet or meditation plans.